

Making Your Long Distance Relationship Last

Relationship is commonly defined as the condition of attachment between individuals. There is a common link that connects them. Modern society is so complicated, not even including the busy movement of our daily life. In view of this situation, a lot of people still prefer to live in densely populated cities whereby they spend most of their time in the office. That is their basic and comfortable world, to the point that even the names of their neighbors are unknown. But we still relish certain type of relationships such as with families, friends, boyfriends or girlfriends, lovers, and with co-workers.

There is a big challenge for us to maintain honestly the relationship with which we are involved. And we need to really nurture and preserve the relationship no matter what the problems. We should be very committed to it; otherwise, we will be courting disaster to win out. At the start, we should be obvious about what we are committing ourselves to.

If there is difficulty in maintaining a relationship between two people wherein they live in the same place, then it is more difficult to carry on such relationship when the other person is geographically distanced from you. When you live close to one another, you've got all the time in the world for each other.

Before you know it, it happens without warning. After saying goodbye, the person would be many miles away from you. Perhaps they transferred to another school, or they accepted a new job. We find ourselves a part of a long distance relationship. There is a saying that claims out of sight, out of mind. Now, when we really miss the most precious person in our life, we are at a loss for how are we should handle such situation. Emotionally and psychologically, we are distressed. We are not prepared for the sudden change.

There are two different categories of long distance relationships. The first would be the couple who have known each other for quite a long time. They are planning to be together for life as married couple. However, due to the distance, complicated issues and present obligations, being together as soon as possible is temporarily impossible. On the other hand, the couple may know each other through a mutual friend or the Internet, or perhaps via an advertisement in the classifieds. Frequently, they communicate by email, letter writing or by phone.

It's true that it is quite expensive and difficult to have a long distance relationship. There will be a sudden rise of telephone bill expenses, an eagerness to open mailboxes, feelings of jealousy and being forgotten and taken for granted, as a consequence of being in a long-distance relationship. It could happen that we may reach the point of getting even with the person because of some rumors of cheating on the relationship.

No matter how complicated it is to be in a long distance relationship, we should still not be discouraged. Here are some tips in order to maintain a long distance relationship:

- * Encourage each another to be independent.
- * Take the risk and always trust each other.
- * Communicate effectively.
- * Demonstrate that you are committed to each other.
- * Discuss feelings of being abandoned, being free and being disappointed.
- * Decisions should be shared.
- * Take separation as something that occurs naturally.
- * Place no blame on anybody just because you feel bad about the relationship.
- * Split the expenses of keeping in touch.
- * Expectations must be made clearly.
- * Save quality time for each other, though being alone must be respected.
- * Plan some get together once in a while.
- * Exert some effort to make the relationship a success.
- * Do not be suspicious and jealous.
- * Keep yourselves busy with some interests like culinary arts and not just your love for each other.

